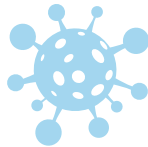


# BSSD COVID RETURN TO STUDIO HEALTH & SAFETY PLAN



Beaumont Society School of Dance (BSSD) is COMMITTED to:

- Ensuring the health and safety of all students, parents and staff.
- Following Alberta Health Services, the Alberta Government and City of Beaumont guidelines, requirements and by-laws.
- Taking the appropriate steps to minimize the risk and exposure to our dance family.
- Continuing to provide exceptional dance curriculum, training and programming.
- Focusing on the health and wellness of our dancers.
- Providing an environment where our dancers can do what they enjoy doing safely.
- Informing our membership of changes to this plan, as government guidelines and policies change.



## PRE-ARRIVAL AT THE STUDIO

Parents are responsible for doing a self-health screen of their dancer prior to coming to the Studios.

Ask your dancer:

- How they are feeling?
- If they have a cough, sore throat, running nose or are short of breath?
- If they have a fever?

Also, ask yourself the following:

- Has our family travelled outside of the country in the last 14 days?
- Have you tested positive for COVID in the past 14 days?
- Are you currently waiting COVID test results?

**IF THE ANSWER IS "YES" TO ANY OF THE ABOVE, PLEASE REMAIN AT HOME. LOG INTO THE PARENT PORTAL AND NOTIFY US OF THE ABSENCE.**

You will be receiving a form via a survey monkey link to complete prior to class starting for each of your dancers. Please complete this online by Tuesday, September 8th.

## WHAT TO BRING TO THE STUDIO

- Bring a filled water bottle. We will not have a water cooler or access to a water fountain.
- Ensure that dancer(s) are dressed in proper dance attire prior to arrival.
- Please bring dance shoes needed for class.
- If you have been assigned a prop for class, you will need to bring this to and from class each week.
- Dancers are encouraged to only bring what they need to class.
- Dancers are encouraged to bring their own hand sanitizer if they have.

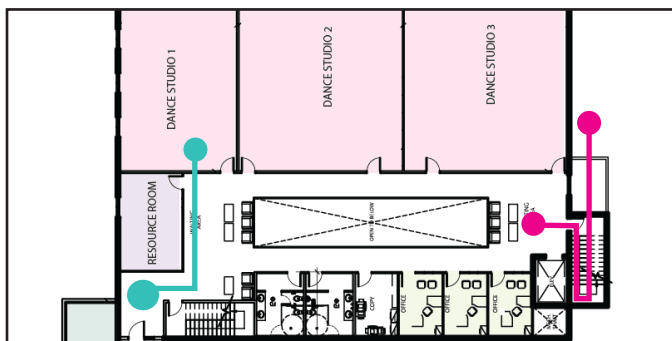
## ARRIVAL AT THE STUDIO

- Arrive no more than 5 MINUTES EARLY for class.
- Masks are mandatory to be worn to and from the Studio and when outside the classroom. For the first weeks of class, we asked that dancers wear their masks during class until such time the teacher feels that the dancers have their social distancing maintained. Dancers will then be allowed to remove their masks at that time. For some classes this may happen sooner. We ask that everyone be patient as we learn how to social distance in dance. This will be revisited regularly.

- Children under the age of 8 can be accompanied by 1 parent/guardian upstairs to ensure they are safely within the Studio and at the right door. At this point, please leave the Studio to minimize congestion.
- The teacher will:
  - provide each dancer with hand sanitizer on entry to the Studio
  - take their temperature using a no touch thermometer – if above 38C the dancer will be asked to wait in the Homework Room and the parent/guardian will be contacted
  - the COVID 19 Questions will be asked as a group. The teacher will explain that if the dancer will respond “yes” to not do so in front of the group due to privacy legislation but to see the teacher privately after.
  - Ask dancers to place their belongings on a “X” marked along the walls that are 3 meters apart.
  - Dancers will then be asked to take their place on a white x marked on the floor which is spaced 3 meters apart to maintain social distancing.

### CCBCC – BSSD Studios – 2nd Floor

- Enter via the West Door Only – DO NOT USE THE MAIN DOOR.
- Use the stairs. Door at the top will be propped open to minimize contact.
- Take off outdoor shoes and place on the mats near the wall. There will be no boot racks provided as per the City. Important so that shoes are not blocking the exit door in case of an evacuation of the studio.
- Spread out and wait at the entrance doors to the studios for your teacher to let you in. For Studio One, there is only 1 door, so please wait in the back corner area spread out until the other class has exited and the teacher has come to get you.



### CCBCC – Main Floor Classes – Tuesday Night

- Enter via the Main Door Only – DO NOT USE THE BSSD WEST DOOR ACCESS
- Use hand sanitizer at entry supplied by the City.
- Wait in the hallway spread out 3 meters apart as best as possible until the teacher lets out the other class and allows the next class in.
- There will be X's on the floor vs taped boxes for the dancers to use to maintain space in class.



### BSSC – Wednesday Night Classes

- Enter through the front doors go up the stairs in the main lobby and turn to your right. Classroom door is at the end of the hallway.
- Use hand sanitizer at entry supplied by the City.
- Wait in the hallway spread out 3 meters apart as best as possible until the teacher lets out the other class and allows the next class in.
- There will be X's on the floor vs taped boxes for the dancers to use to maintain space in class.
- Due to the facility rules if you are not in the class as a participant or using the facility for a pre-booked activity you will need to leave the facility and come back later to pick your dancer up.

### ELEVATOR USAGE IN CCBCC

- The elevator is not available for usage without prior approval. It has been taped off on the second floor indicating NOT TO BE USED.
- If you need to use the elevator, please email the [president@beaumontdance.ab.ca](mailto:president@beaumontdance.ab.ca) at least 24 hours prior to needing access as arrangements need to be made with the City.
- If your dancer has a class on the main floor on Tuesday nights, they can exit using the west door to gain access to the stair well. They are not allowed to use the elevator.



## BATHROOM

- Only two dancers at a time may use the bath room. The City has locked every second stall.
- No changing in the bathrooms allowed.
- During class, a dancer must put on their mask to go to the washroom.
- When using the washroom:
  - Wash hands with soap for minimum of 20 seconds
  - Dry hands with paper towel and use the paper towel to open and close the door. Garbage cans will be near the door to deposit the paper towel into.
  - Hand sanitize before entering the class.

## EXITING THE STUDIO

- At the end of the class, the teacher will instruct dancers on how to return to their belongs around the room. Remind them to put their mask ons and outside coats etc.
- Once everyone is dressed, dancers will be directed to exit the Studio by the teacher.
- They are to find their shoes/boots and leave the Studio immediately and are expected to maintain social distancing.
- Parents picking up younger dancers, please ensure you arrive upstairs at the end of the class. Please come on time so that we can minimize the number of people in the hallways.

Dancers who have more than 30 minutes between a class **MUST** leave the building and return later.

Dancers who have less than 30 minutes, can wait in the hallway if wearing a mask and maintaining social distancing.

Parent are **NOT** permitted to wait in the Studio Lobby. If your dancer has a 30 minute class, remember to leave the building and wait in your vehicle or run errands.

## HOMEWORK ROOM

This room:

- Is closed for the season.
- Will be used when a dancer is not well. Parents will be contacted to pick up their dancer(s).

## CLEANING OF THE STUDIO

Between Classes

- The teachers will:
  - Wipe down the ballet barres with disinfectant
  - Wash the floor with a bleach solution as per AHS
  - Wipe down the door handles to the class rooms
  - Teachers may ask dancers to assist with these tasks between classes.

Bathrooms and Stair Railing

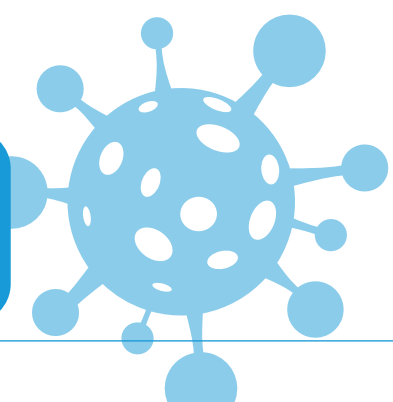
- The City will:
  - Will clean the bathrooms every 3 hours
  - Wipe down the stair railing several times a night.

Before/After Class

- Increased janitor services and approved COVID cleaning products.
- We have purchased an UltraMist Fogging System approved by Health Canada. It kills 99.999% of all harmful viruses, bacteria, molds and micro-organisms. This system will be used prior to class and mid-way through the evening.

## ILLNESS

If your dancer is not feeling well or has an illness of any kind, please **DO NOT** send them to class. We ask that everyone consider their fellow dancers and their family to help reduce the risk.

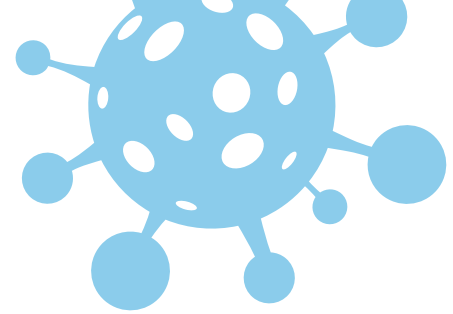


## PROPS

In ballet class for the RAD program, dancers utilize props such as scarves, watering cans, ribbons, tambourines, etc... The teacher will assign a prop to the dancer with their name on it. They will be responsible to bring the prop to and from class each week. BSSD will not be charging families a deposit fee as we don't want to burden families with another fee or cheque. We trust our BSSD family to care and return these items.

## FACE COVERINGS (MASKS)

- All dancers, parents, and staff are required to wear masks in the building.
- Once in class (regular classes), after temperature checks, etc..are completed, dancers need to wear their masks during class. This will be revisited regularly as the Alberta guidelines are updated.
  - A dancer must stay in their square or space to ensure they are staying 3 meters apart.
  - For competition classes, masks will be mandatory as we are not able to maintain social distancing due to choreography and/or class sizes. Teachers will provide dancers with rest breaks as needed. Watch for more information to come on this.
  - Teachers will be wearing face masks when teaching and will have face shields as well.



## CLASS SIZES

Where possible, we have minimized class sizes to 15 with the teacher. We do have a few regular classes that are larger and we are working on a plan for this. Please watch for more details.

During Phase 1, starting February 8th, we have moved to 9 dancers and 1 instructor as per the guidelines.

## PARENT WATCHING WEEK

- At present there will be no in-person watching weeks.

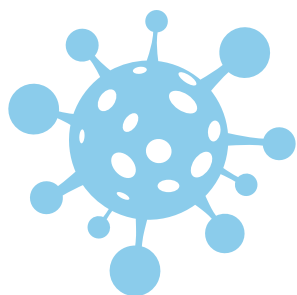
## WE ARE IN THIS TOGETHER

Everyone has a role to play to ensure each other's safety and minimize risk. As this is new to us as well, we are constantly learning and making adjustments.

At BSSD, we are not considered a cohort as dancers are in different classes with others daily and weekly. Our classes are therefore considered as individual activities and we must maintain 3 meters of distance during high intensity classes.

We need your assistance to help keep our BSSD environment as safe as possible.

Thank you in advance for your continued patience and understanding as we move forward.



Beaumont Society  
School of Dance